

KS3 CPSHE CURRICULUM MAP 2026-27- YEAR 7

Term:	Year 7 (All lessons are 100mins long- split into 50min lessons signposted on Slides) Students will also have 1x100 min lesson per half term dedicated to Unifrog (Careers focus)
Autumn 1 (8 weeks)	<u>Growing Up:</u> 1. Managing Emotions/Mental health 2. Me and My Body: Puberty and Self-esteem 3. Respectful relationships: Friendships/Anti-Bullying/What is Tolerance? 4. UNIFROG- Careers focus
Autumn 2 (7 weeks)	<u>My Online World:</u> 1. Social media, Subcultures and the Incel community 2. Sharing personal information/How to avoid online scams 3. Role of AI online – Deepfakes and chatbots 4. UNIFROG- Careers focus
Spring 1 (6 weeks)	<u>Me and My Identity:</u> 1. Equalities- LGBTQ+ and Identity 2. Equalities- Gender/Race and Identity/Disability 3. UNIFROG- Careers focus
Spring 2 (5 weeks)	<u>Healthy Relationships:</u> 1. Mutual and respectful consent 2. A healthy romance/Family types 3. UNIFROG- Careers focus
Summer 1 (7 weeks)	<u>Community, Government and Politics:</u> 1. Freedom, Democracy and British Values- what do they mean to me? 2. How does politics work in the UK and what is the role of an MP? 3. What is Belonging and why do we need to belong? 4. What is Social tension and how does the government respond? How can we get along better?
Summer 2 (7 weeks)	<u>The Law and Me:</u> 1. Prejudice and Discrimination: What are 'Hate Crimes'? 2. Child criminal exploitation- Gangs and Knife crime 3. Laws and the Justice system/ How does sentencing work? 4. What Happens to Young Offenders?