St Paul's Way

Aspiration • Integrity • Community

PART OF UNIVERSITY SCHOOLS TRUST

ASPIRE7

Belong. Grow. Thrive.

BRONZE AWARD

NAME: _____

TUTOR GROUP: _____

INTRODUCING

ASPIRE7

YOUR PATHWAY TO ACHIEVEMENT

EARN POINTS

by demonstrating our school values in class and around school



COMPLETE CHALLENGES

for each of the school values

RECEIVE REWARDS

badges, certificates, privileges, trips, and more!



ASPIRE7

BELONG, GROW. THRIVE

HOW TO USE THIS LOGBOOK



Follow the learning behaviours on each subject page to earn character points.

Complete as many challenges as possible for each of the three school values and get them signed off as you go.





Every term you'll meet your sixth form coach, who will help you set targets and report back to the co-curriculum team on your progress. If you're doing well, you'll start to receive rewards.

ASPIRE7
BELOWG GROW. THRIVE

ASPIRE7

in every classroom means...



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Students show this by:

Engaging actively – asking questions, contributing ideas, and taking intellectual risks.

Pushing themselves – improving work based on feedback, completing homework to a high standard, and striving to exceed expectations.

Embracing challenge – showing perseverance, trying new things, and leading or performing even when it feels uncomfortable.



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Students show this by:

Being honest and responsible – owning their mistakes, completing work truthfully, and sticking to rules.

Following instructions first time – especially when others aren’t, and even in unstructured or difficult moments.

Supporting fairness and inclusion – working with different peers, giving credit to others, and making space for everyone to participate.



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Students show this by:

Collaborating respectfully – listening to others, valuing all contributions, and resolving conflict constructively.

Helping others succeed – encouraging peers, sharing resources, and offering support in group work or performances.

Taking care of shared spaces – tidying up, being proactive, and creating a purposeful environment for learning.

ASPIRE7

in the performing arts means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Take creative risks, even when it feels tough

Share ideas and lead group work

Use feedback to improve

Aim for high-quality classwork and homework

Perform with energy and commitment

Create your own music through independent instrumental practice



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Include and welcome others

Work with new or quieter classmates

Follow performance etiquette

Encourage peers genuinely

Take responsibility for group focus and conduct

Give constructive feedback to a peer about their performance



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Build on others’ ideas in group work

Help tidy and set up without being asked

Take on needed roles in scenes

Support school shows in any role

Resolve disagreements respectfully

Support each other to perform confidently

ASPIRE7

in maths means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Try challenging problems and new methods

Show full working and aim for accuracy

Ask questions to deepen understanding

Use feedback to improve answers

Complete homework carefully and on time



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Be honest in your working, even when unsure

Check your work independently before asking for help

Stick with problems when they feel difficult

Follow calculator and method rules properly

Avoid shortcuts like copying others’ answers



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Help to create a positive culture where it’s OK to make mistakes by supporting others when they give the wrong answer

Support others with explanations, not answers

Share equipment and help others stay focused

Respect different approaches to problem-solving

Stay positive in group tasks or peer marking

Encourage a calm and focused learning space

ASPIRE7

in science means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Complete homework carefully and on time

Ask questions and stay curious

Join in practicals with focus and energy

Show clear working in calculations

Explore science beyond the classroom



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Follow safety rules and instructions first time

Evaluate results honestly and identify areas of improvement

Take your practical role seriously

Reflect on mistakes and improve

Work independently and use resources responsibly



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Share equipment and collaborate well during practicals

Respect others’ ideas and space

Keep the lab safe and tidy

Encourage others to take part

Support your partner fairly

ASPIRE7

in English means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Share ideas in discussion, even if unsure

Develop your writing with detail, accuracy, and creativity

Read widely and take reading challenges seriously

Respond to feedback to improve your written work

Aim to improve vocabulary, structure, and analysis over time



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Complete reading and writing tasks honestly and independently

Avoid plagiarism—use your own ideas and words

Persevere when analysing complex texts or unfamiliar vocabulary

Follow exam-style rules and routines without reminders

Reflect thoughtfully on feedback or mistakes



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Make reading suggestions to classmates in order to broaden their literary horizons

Listen actively and respectfully in class discussions

Support others in paired reading or group analysis

Respect differing opinions or interpretations

Read aloud or present with encouragement from peers

Contribute to a positive, focused classroom atmosphere

ASPIRE7

in computer science means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Tackle coding or problem-solving challenges with focus

Experiment with new software, tools, or techniques

Complete homework and projects to the best of your ability

Use feedback to refine your work or improve your code

Aim for accuracy and creativity in all tasks



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Avoid copying work—submit your own honest efforts

Cite sources when using content from elsewhere

Follow school rules for safe and responsible computer use

Stick with tasks even when they’re frustrating

Ask for help only after trying independently

Use AI responsibly to support learning rather than replacing it



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Help others with explanations, not just answers

Respect shared equipment and use it responsibly

Support classmates in debugging or improving their work

Work calmly and respectfully in pairs or groups

Contribute to a focused and respectful digital learning space

ASPIRE7

in PE means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Push yourself to improve your skills and fitness

Try new activities and techniques with effort

Set personal goals and work towards them

Respond positively to feedback from teachers or teammates

Show focus and determination in every lesson



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Play fairly and follow rules without being reminded

Admit mistakes or fouls, even if unnoticed
Respect decisions made by referees and teachers

Encourage honest effort over just winning

Give your best, even in warm-ups and less competitive tasks



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Be a team player—pass, support, and include everyone

Celebrate others’ success, not just your own

Help set up and pack away equipment without being asked

Include quieter or less confident students in activities

Maintain a positive and respectful attitude at all times

ASPIRE7

in the humanities means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Ask thoughtful questions about people, places, and events

Develop extended answers using evidence and explanation

Engage with challenging texts, maps, or sources

Complete homework and written work with care and accuracy

Use feedback to improve analytical or evaluative skills



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Use your own thinking in essays and source work

Acknowledge different viewpoints honestly and respectfully

Persevere when interpreting complex ideas or case studies

Follow rules and routines in group and independent tasks

Accept feedback and take responsibility for progress



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Respect all cultures, beliefs, and historical perspectives

Listen actively and take turns in discussion

Support others in paired tasks and debates

Share resources and help create a calm, purposeful environment

Contribute to a respectful and inclusive classroom culture

ASPIRE7

in languages means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Speak in the target language, even if you make mistakes

Learn vocabulary regularly and use it in writing and speech

Ask questions to understand grammar or meaning

Take part in all activities with energy and effort

Respond to feedback to improve accuracy and fluency



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Complete translations and writing tasks honestly, without online shortcuts

Own your mistakes and try again when you get things wrong

Focus during listening and reading tasks, even when tricky

Follow routines and instructions straight away

Try to use only the target language where expected



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Encourage others to have a go at speaking or writing

Help classmates with vocabulary or pronunciation respectfully

Listen actively when others are speaking

Respect different accents, cultures, and points of view

Apply the language you have learnt to speech in your conversations

ASPIRE7

in art, design & technology means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Take creative risks and try new techniques or tools

Aim for high-quality, detailed work that shows care and improvement

Complete homework and projects with effort and originality

Use feedback to refine your ideas or designs

Explore materials, methods, or artists/designers beyond the classroom



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Produce original work and avoid copying from others or online sources

Use tools, equipment, and materials safely and sensibly

Take pride in every stage of the creative process

Accept mistakes and use them to improve

Follow instructions and processes independently



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Share equipment and help keep the workspace clean and safe

Respect others’ work, space, and ideas

Offer constructive feedback and encouragement

Work supportively in group tasks or shared studio spaces

Contribute to a calm, focused, and creative environment

ASPIRE7

around school generally means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Use your planner effectively to stay organised

Arrive to lessons promptly and ready to learn

Take pride in your uniform and personal presentation

Follow routines between lessons responsibly

Carry out school roles or duties with effort and care



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Speak respectfully to all staff and students, even when unsupervised

Follow rules in corridors, the canteen, and playground

Use emails and devices responsibly and politely

Own up to mistakes and act to put them right

Look after school spaces — pick up litter, tidy shared areas, report damage



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Greet others with kindness and good manners, particularly in the morning – “Good morning, Ms / Mr ____”

Support students who are upset, left out, or unsure

Include others in group activities or clubs

Hold doors and offer help without being asked

Celebrate others’ achievements and help keep our school looking its best

ASPIRE7

in form time means…



Aspiration

“We aim for our individual and collective best and work with passion and commitment to achieve this.”

Join in with discussion and reflection tasks

Complete form-time reading or quizzes thoughtfully

Ask good questions in careers or personal development sessions

Keep your planner & Aspire7 logbook tidy and up to date

Get involved in form events or competitions, and take a lead where you can



Integrity

"We do the right thing, even when it’s hard; even when no-one’s watching”

Follow expectations without reminders

Be honest and respectful in discussions, even when it’s personal

Use form time productively — avoid distractions or low effort

Take ownership of your punctuality and equipment

Stick to digital etiquette when using devices



Community

"We make our school a safe and purposeful place where everyone belongs, contributes and thrives”

Listen actively to peers during discussions

Support your form’s efforts in competitions and house activities

Encourage quiet or less confident classmates to contribute

Help keep the form room clean and organised

Celebrate birthdays, wins, or good news from peers

ASPIRATION CHALLENGES

CHALLENGE	EVIDENCE	VALIDATING SIGNATURE	SIGNATURE
(THRESHOLD CHALLNGE – MUST COMPLETE) Attend one session of one club or enrichment activity which features on the enrichment timetable	Club lead / supervising teacher confirmation	Club lead or supervising teacher	
Attend a sports club once	PE faculty confirmation	Club lead or PE faculty	
Attend a sports club for five sessions	PE faculty confirmation	Club lead or PE faculty	
Attend a sports club for ten sessions	Club lead confirmation	Club lead or PE faculty	
Log in to the library catalogue and write one review	Library staff confirmation	Form tutor or library staff	
Visit a museum to learn about another culture, either historically or in modern times	Photo of you at the museum, or a ticket / information pamphlet	History teacher	
Grow a plant at home e.g. cress, mung beans, daffodil	Photo of creation	Science teacher	
Create a mini game in Scratch	Photo or actual model	Computer Sciecne teacher	
Create a model of the solar system	Photo or actual model	Science teacher	
Attend a performing arts-based club once	Club lead confirmation	Club lead	
Attend a performing arts-based club for five sessions	Club lead confirmation	Club lead	
Attend a performing arts-based club for ten sessions	Club lead confirmation	Club lead	
Perform in a public performance rehearsed in lesson time	Performance	Music or Drama teacher	
Visit an art exhibition and write a short review (what you enjoyed, what you learnt, which piece you liked most)	Written review	Art / design and technology teacher	
Attend a science or visual arts club once	Club lead confirmation	Club lead	
Attend a science or visual arts club for five sessions	Club lead confirmation	Club lead	
Attend a science or visual arts club for ten sessions	Club lead confirmation	Club lead	
Drama lesson: choose to work with someone new, learn their name, give constructive feedback, lead an action clap (COMPLETE ALL)	Drama teacher confirmation	Drama teacher	

INTEGRITY CHALLENGES

CHALLENGE	EVIDENCE	VALIDATING SIGNATURE	SIGNATURE
(THRESHOLD CHALLNGE – MUST COMPLETE) Send an email to a teacher from your school account using polite and professional language — start with a greeting, use full sentences and punctuation, and end with a kind sign-off	The email!	The teacher you emailed!	
Complete a one-mile walk	Step counter app	Form tutor or PE teacher	
Complete a park run	Online completion time	Form tutor or PE teacher	
Go on a bike ride for more than one mile	App evidence e.g. Strava	Form tutor or PE teacher	
Borrow an e-book	Library staff confirmation	Form tutor or library staff	
Make your own indicator at home safely using instructions supplied by the technicians (see website)	Photo or actual model	Science teacher	
<u>Remember with Respect</u> Core expectation: Observe the Armistice commemoration (11 Nov) respectfully, including the two-minute silence. **To earn the challenge:** Afterwards, take a few minutes to: Find out about **one person, event or story** connected to remembrance. Write or share a **short reflection** on why remembrance matters, or what it means to you.	Reflection shared with your tutor		
Complete the music practice challenge: practising an instrument every day for one week	Sign in with music teacher	Music teacher	
Show consistently good manners in your interactions with staff and other students	Form tutor judgement	Form tutor	
Learn your lines fully for a drama performance rehearsed in lesson time	Performance	Drama teacher	
Consistently show good organisation skills by bringing equipment to school and using your planner neatly	Form tutor judgement	Form tutor	
Consistently keep your uniform neat and tidy	Form tutor judgement	Form tutor	
Evaluate the results of a science practical you have recently completed. In writing: Explain **what went well**. Identify **what went wrong or affected your results**. Suggest at least **one specific improvement** for next time. Explain **how your improvement would make the results better**.	Written evaluation + Science teacher sign-off.	Science teacher	
Have a short conversation with a teacher about their weekend: Start the conversation yourself. Ask at least **two questions**. Listen and **respond to what they say**. Share something about your own weekend too. End the conversation politely.	Teacher sign-off	Teacher	

COMMUNITY CHALLENGES

CHALLENGE	EVIDENCE	VALIDATING SIGNATURE	SIGNATURE
(THRESHOLD CHALLNGE – MUST COMPLETE) **Complete the short survey posted on your Year Group Teams page:** Find the survey independently on Teams. Give **thoughtful and honest answers**. Complete and submit the whole survey.	Survey submission	Form tutor	
Take part in an external sports match or competition	PE teacher confirmation	PE teacher	
Participate in an interform	PE teacher confirmation	PE teacher	
Train at a local sports club for a term	External coach confirmation (hand-written note or email)	Form tutor	
Learn how to count to 30 in a language you are not learning at school or speak at home	Recite for teacher	Languages teacher	
Participate in a performance rehearsed during enrichment time	Public performance	Performing arts teacher	
Come to support (watch) a student performance, and show good audience etiquette during the show	Sign in with staff leading event	Performing arts teacher	
Learn and perform a magic trick	Performing magic trick	Form tutor / other teacher	
Plan and cook a meal at home	Photographs of the meal	Design and Technology teacher / form tutor	
Stand (apply for) school council	Submitted application	Co-curriculum team	
Pick up a piece of litter around school	Picking up litter	Staff member who sees you doing it	
Bring in a donation for a charitable cause (e.g. Presents for the Elderly)	Donation	Staff lead on charitable campaign / form tutor	
Be an effective book monitor on Register Read Rally for one week.	Form tutor confirmation	Form tutor	
Watch or listen to something in the language you are learning. To complete the challenge: Watch or listen for at least **15 minutes**. Note down **five words or phrases** you recognise or learn. Find out what any unfamiliar words mean. Be ready to **tell your teacher what you watched/listened to and what you learned**.	Notes + Languages teacher sign-off.	Languages teacher	
After enjoying a book, give a short presentation to your class during library lesson about why you would recommend it	English teacher confirmation	English teacher	
Give specific and positive feedback on a classmate's musical performance. To complete the challenge: Identify **something specific** they did well. Use **musical vocabulary** in your feedback. Explain **why it made the performance effective**. Give **one helpful suggestion** for developing it further.	Music teacher confirmation	Music teacher	

Aspire 7 Milestones

BRONZE AWARD



- [ ] Integrity bar badge
- [ ] Aspiration bar badge
- [ ] Community bar badge
- [ ] Bronze shield badge

SILVER AWARD



- [ ] Integrity bar badge
- [ ] Aspiration bar badge
- [ ] Community bar badge
- [ ] Silver shield badge

GOLD AWARD



- [ ] Integrity bar badge
- [ ] Aspiration bar badge
- [ ] Community bar badge
- [ ] Gold shield badge

MY BRONZE REFLECTION

Complete this with your sixth-form mentor when you are ready to finish Bronze.

1 Something I'm proud of...

Which challenge are you most proud of completing, and why?

2 Something I learned about myself...

3 One challenge that pushed me...

What made it difficult?

4 Aspire7 values

Circle the area in which you think you have grown most:

ASPIRATION | **INTEGRITY** | **COMMUNITY**

5 Looking ahead...

One thing I want to challenge myself to do next is:

Mentor conversation completed:

Sixth-form mentor _____ Signature _____ Date _____