

WOMEN VOLUNTEER RIDE LEADERS WANTED!



Cycle Sisters, an award-winning Muslim women's cycling organisation, is looking for sisters from within the Muslim community in Tower Hamlets to train as volunteer Ride Leaders and play a part as role models and community champions.

The volunteer Ride Leaders will help run rides for our new Cycle Sisters Tower Hamlets group which will take place weekly (day TBC).

This is an exciting opportunity to develop your cycling and leadership skills, as well as share your passion for cycling with others. You don't need to be an expert cyclist, just confident at cycling on the roads and comfortable up to a distance of 15 miles.

You'll receive free training and ongoing support and development in the role.

Applicants would need to be able to commit to leading two to three rides per month for at least one year from start points in Tower Hamlets. You'll also need to be able to attend the training elements which involves some online modules and three days in February or March (depending on restrictions) for the Ride Leader course, basic bike maintenance course and first aid (if not already a first aid certificate holder).

For more information and application form, please contact Sabeha on sabeha@cyclesisters.org.uk