

WEEKLY MENU

WEEK 1
WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Butcher's Beef
Sausage with Mashed
Potato & Gravy
(MK, SU, G/W)

Sticky Chicken
Pasta Bake
(CE, G/W)

S

Roast Chicken with Gravy

Cheesy Beef Burrito
(MK, MU*, SO*, G/B*,
O*, R*, W)

Captain's Crispy Fish
Fingers or Salmon
Fishcake & Chips
(F, G/W)

VEGGIE



Jacket Potato with a
Choice of Fillings
(E, F, MK)

Sticky Veggie Pasta
Surprise
(CE, G/W)

V S

Cheesy Veggie Hot Pot
with Gravy
(MK, G/W)

Cheesy Mexican
Veggie Burrito
(MK, G/W)

Cheesy Pizza & Chips
(MK, G/W)

SIDES



Sweetcorn &
Green Beans

V S

Broccoli

V S

Rustic Roast Potatoes
& Seasonal Vegetables

V S

Peas & Sweetcorn

V

Beans or Peas

V

PUD



Fruit Yoghurt
(MK)

Cheese & Crackers
(MK, G/B*, W)

Fruit Jelly

V

Cheese & Crackers
(MK, G/B*, W)

Fruit Jelly

V

Daily Salad Bar| Homemade Bread| Fresh Fruit

DATES

31 AUG / 14 SEP / 28 SEP
/ 12 OCT / 2 NOV / 16
NOV / 14 DEC

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG



WEEKLY MENU

WEEK 1
WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Mac & Cheese
(MK, G/W)

Mild Chicken Tikka
Masala
(MK, G/B*, O*, R*, W*)

Beef & Vegetable Puff
Pastry Pie
(CE, G/W)

Pepperoni Pizza
(CE*, E*, MK, MU*, SO*,
G/W)

Chicken Nuggets &
Chips
(CE, G/W)

S

VEGGIE



Tomato & Vegetable
Pasta
(CE, G/W)

Mild Vegetable Tikka
Masala
(MK, G/B*, O*, R*, W*)

Roasted Root Vegetable
Pie with Gravy

Cheesy Tomato Pizza
(MK, G/W)

Vegan Nuggets &
Chips
(G/W)

V S

S

SIDES



Garlic Bread &
Sweetcorn
(MK*, SO*, G/W)

Steamed Rice with
Carrots & Green Beans

New Potatoes & Peas

Homemade Potato
Wedges & Baked
Beans

Baked Beans or
Peas

V S

V S

V S

V S

PUD



Fruit Yoghurt
(MK)

Cheese & Crackers
(MK, G/B*, W)

Fruit Jelly

Cheese & Crackers
(MK, G/B*, W)

Fruit Jelly

V

V

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

7 SEP / 21 SEP / 5 OCT
/ 19 OCT / 9 NOV / 23
NOV

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SE = SESAME SEEDS

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