



**St Paul's Way**

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Education • Foundation • Trust

# **PE and Sports Premium Strategy 2020-21**

2020/2021

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## Executive Summary

St Paul's Way Foundation School is committed to providing effective resources and activities to raise the profile of sports and healthy living in the school and to ensure more pupils are engaging in active and healthy lifestyles. This document details our aims and how budget will be spent during the 2020-2021 academic year against these aims.

Due to the COVID-19 partial school closures, some objectives were not fully completed last academic year. Actions can carry over to this academic year, alongside unspent funds:

### **Funding to roll-over from last academic year: £7,532.33**

This unspent funding from last academic year will be spent by March 2021, in line with DfE guidance.

<b>2020/2021 Academic Year Funding</b>	£18,670	<b>Funding rolled over from 2019/2020</b>	<b>£7,532.33</b>	<b>Total Budget</b>	£26,202.33
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## Typical challenges faced by pupils at SPWF

- I. In Tower Hamlets, 22% of 4-5year olds are over-weight or obese, this increases to 42% for 10-11 year olds. (Public Health England, National Child Measurement Programme, 2019)
- II. At St Paul's Way Foundation School 18% of 4-5year olds are overweight or obese. (Public Health England, National Child Measurement Programme, 2019)
- III. Tower Hamlets is a very built up borough, with limited access to high quality, outdoor play spaces ([www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk) > health and social care > public health > healthy eating, active lives: children)
- IV. Due to population growth, the amount of outdoor space per resident in Tower Hamlets has reduced in recent years (Tower Hamlets, Parks and Open Space Strategy 2017-27)
- V. Tower Hamlets has a significant problem with over-crowded housing - 7,078 households (London Borough of Tower Hamlets, Housing Evidence Base, November 2016)
- VI. There is also evidence of widespread micronutrient deficiencies e.g. Vitamin D which is mainly due to lack of exposure to sunlight (Tower Hamlets Health and Wellbeing Strategy 2017-2020)

*Please note this information will be updated as we gather new information from our National Child Measurement Programme visits later in the year.*

**Evaluation Criteria for effective use of PE and Sports Premium (as specified by DfE):**

- I. All pupils are engaged in regular physical activity,
- II. Profile of PE and Sport is raised across the school as a tool for whole-school improvement,
- III. Increased confidence, knowledge and skills of all staff in teaching PE and sport,
- IV. Broader experience of a range of sports and activities offered to all pupils, and
- V. Increased participation in competitive sport.

## 1. Key Objective: All pupils are engaged in regular physical activity.

### Aim:

To continue to offer a wider range of sports opportunities to all pupils, enhance participation in regular physical activity and ensure children are healthy and physically active, including as part of our recovery curriculum.

### Rationale:

By engaging in regular physical activity, pupils will be healthier overall and will experience considerable health benefits. An increased offer of regular sport/physical activity and high quality, attractive equipment will increase engagement.

### Actions:

1. Continue to subscribe to and promote use of 5-A-Day online programme, encouraging physical activity throughout school day and encouraging access at home:
  - a. Estimated costs: £440 a year.
2. All pupils to participate in a block of swimming lessons across the year with specialist swimming teacher, including sessions above national curriculum entitlement.
  - a. Approx £3500 may be used if swimming lessons are able to resume later in the academic year.
3. Increasing the range of equipment to enhance playground activity in Key Stage 1 and 2, including ensuring equipment is appropriately available for each class/phase bubble
  - a. Approx cost: £1500.
4. Increasing the range of physical development equipment available to Reception and Year One as part of our recovery curriculum, including bikes to promote gross motor skills and balance as part of Physical Development:
  - a. Approx cost: £1500.
5. Increase of lunchtime and after-school sporting clubs/activities on offer, dependent on risk assessments and bubbles. Costs TBC.
6. Promote healthy methods of travel to school – walk to school competitions and events organised throughout the year.



### Costs Incurred

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## 2. Key Objective: Profile of PE and Sport is raised across the school as a tool for whole-school improvement.

### Aim:

To develop the profile of active lifestyles amongst pupils, parents and staff through developing a 'Sports Leaders' programme and providing opportunities for pupils and parents to engage in sport-related activity.

### Rationale:

By raising the profile of PE and Sport within the school, and developing our Sports Leaders and community sport involvement, overall physical activity levels will increase in all year groups, and children will develop key sports skills as well as leadership skills.

### Description of intervention:

1. Specialist teaching days where, across the course of a day, children are able to try out a non-traditional sport.
  - Estimated costs: £800
2. Increase participation in out of -school sporting events (competitions, Sports Events, attendance at sporting events such as football matches to increase family engagement) and clubs, dependent on risk assessments.
3. 8 children from each bubble in KS2 to be trained as Sports Leaders/Play Makers by Sports Coaches and additional equipment purchased for Sports Leaders to use throughout the week e.g. mini goals, foam footballs.
  - Estimated costs: £750
4. Healthy Living Day and Sports Days to be organised in bubbles to promote active lifestyles to families, including online workshops for parents.

### Costs Incurred

£---

## 3. Key objective: Increased confidence, knowledge and skills of all staff in teaching PE and sport.

### Aim:

To increase confidence, knowledge and skills of class teachers who do not specialise in Sport or PE.

### Rationale:

This will improve the quality of PE lessons and sports opportunities which are available to our pupils; enhancing the quality of teaching and learning in the subject area.

### Actions:

- Continued implementation of our Real PE programme, including a full-school subscription (including EYFS) to support teachers through clear lesson

plans and videos of skills for indoor PE and fundamental skills. Access to online lesson plans and schemes of work for teacher development.

- Estimated costs: £1000 for yearly membership
- Audit of confident, knowledge and skills in teaching PE to be completed by all staff teaching PE and Sport in September. Training to be provided based on audit (including remote training) and cost dependent on training needs.
- Cover provided for teachers to participate in paired observations to observe good practice, including observing subject lead and specialist teachers.

#### **Costs Incurred**

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#### **4. Key Objective: Broader experience of a range of sports and activities offered to all pupils.**

##### **Aim:**

To deliver a broad range of physical activity opportunities and sports enrichment throughout the year to enhance PE and sport experiences.

##### **Rationale:**

By offering a broad range of physical activities, engagement and participation will increase and children will develop new skills and insight into a wider range of sports and games.

##### **Description of intervention:**

1. Review PE curriculum map to ensure broad range of sports included – access appropriate planning and resources as needed.
2. Purchasing bikes and scooters for in school use (as detailed in Aim 1).
3. Purchase new sporting equipment and equipment storage required to meet government guidance on bubbles and resources.
  - a. Estimated costs: £900
4. Increase of lunchtime and after-school sporting clubs/activities on offer, dependent on risk assessments and bubbles. Costs TBC.
5. Sporting trips can be re-organised later in year if risk assessments and guidance allows (e.g. London Gymnastics Centre etc). Costs TBC.

#### **Costs Incurred**

£-----

## 5. Key Objective: Increased participation in competitive sport.

### Aim:

To increase participation in intra- and inter-school competitive sport.

### Rationale:

Children will further develop skills and competitive sport knowledge and attributes such as sportsperson-ship and teamwork.

### Actions:

- Access a range of competitions, events and Sport festivals throughout the year, including additional staffing hours to accompany teams if needed (e.g. evening matches).
- If external competitions cannot take place this year, intra-school competitions within classes/phase bubbles can be organised.
- Participate virtually – e.g. London Youth Challenges online.
- Purchase of school sports kits and specialist equipment to allow for competition attendance and/or intra-school competitions e.g. basketball hoops, tennis nets etc.

### Costs Incurred

£ -----