



Item 2.3.1a

PE & Sports Premium Strategy - 2025/26

St Paul's Way Primary School is committed to providing effective resources and activities to raise the profile of sports and healthy living in the school and to ensure more pupils are engaging in active and healthy lifestyles. This document details the strategy for how the funding for the academic year 2025-26 will be spent to reach this aim.

Breakdown of Funding

Total budget for 2025-26 year: £ 19,420

Typical challenges faced by pupils at St Paul's Way Primary

- One in five children in Reception (20.4%) are overweight or very overweight in the borough. (Tower Hamlets, Child Healthy Weight Action Plan 2023-2024)
- In Tower Hamlets, by age 11 over two in five children are overweight or very overweight. Like in other places in the country, the numbers of children who have excess weight has increased during the pandemic and although numbers are falling again, they still remain above pre-pandemic levels. (Tower Hamlets, Child Healthy Weight Action Plan 2023-2024)
- In Tower Hamlets, in 2024-25, 28.4% of Year 6 children were considered to be obese. (Public Health England)
- These rates are higher than the London average (around 23.2% in 2024/25) and the England average (22.2%), (Trust for London.)
- Tower Hamlets is a very built-up borough, with limited access to high quality, outdoor play spaces.
- Tower Hamlets is an urban environment with limited access to green space and high numbers of fast food takeaways.
- Limited resources can make it difficult to afford and access healthy food and some leisure activities; with the high cost of living making this particularly challenging.
- Due to population growth, the amount of outdoor space per resident in Tower Hamlets has reduced in recent years (Tower Hamlets, Parks and Open Space Strategy 2017-27)
- Tower Hamlets has a significant amount of over-crowded housing - 7,078 households (London Borough of Tower Hamlets, Housing Evidence Base, November 2016)
- In Reception, the percentage of children with excess weight had been slowly decreasing up to 2017/2018. This sharply increased during the Covid-10 pandemic but has now fallen again
- In Year 6 children, the percentage of children with excess weight had been fairly stable over time. This also sharply increased during the pandemic. Although numbers have fallen, they are still higher than before the pandemic. (Tower Hamlets, 2023)

Evaluation Criteria for effective use of PE and Sports Premium (as specified by DfE):

- All pupils are engaged in regular physical activity,
- Profile of PE and Sport is raised across the school as a tool for whole-school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sport.



Strategy for 2024-25

1. Key Objective: All pupils are engaged in regular physical activity.

Aim:

To continue to offer a wider range of sports opportunities to all pupils, enhance participation in regular physical activity and ensure children are healthy and physically active.

Rationale:

By engaging in regular physical activity, pupils will be healthier overall and will experience considerable health benefits. An increased offer of regular sport/physical activity and high quality, attractive equipment will increase engagement.

Actions:

1. All pupils in Years 2-6 to participate in a block of swimming lessons across the year with specialist swimming teacher, including sessions above national curriculum entitlement
2. Increasing the range of equipment to enhance playground activity in Key Stage 1 and 2, including ensuring equipment is appropriately available for each class
3. Continuation of before-school, lunchtime and after-school sporting clubs/activities such as archery, football, dodgeball, dance, tennis and multi-skills
4. Promote healthy methods of travel to school.

Estimated Costs

£10,000

2. Key Objective: Profile of PE and Sport is raised across the school as a tool for whole-school improvement.

Aim:

To continue to strengthen the profile of active lifestyles amongst pupils, parents and staff through the '**Playground Leaders**' programme and providing opportunities for pupils and parents to engage in sport-related activity.

Rationale:

By raising the profile of PE and Sport within the school and continuing to develop our Playground Leaders and community sport involvement, overall physical activity levels will increase in all year groups, and children will develop key sports skills as well as leadership skills.

Description of intervention:

1. Continue to organise specialist teaching days where, across the course of a day, children are able to try out a non-traditional sport.
2. Increase participation in intra-school competitions at the end of each term and after school competitions organised by external agencies
3. Increase participation in out of school sporting events (competitions, Sports Events, attendance at sporting events such as football matches) to increase family engagement. Collaborate with local primary schools and to make use of School Games to motivate attendance in extracurricular activities
4. To embed the Playground Leaders approach across KS2 ensuring play leaders are well trained, and providing additional equipment purchased for Playground Leaders to use throughout the week



5. Coaches from an external agency to support the pupils initiate and manage their own games
6. Sports Days to be organised, with activities supported by qualified coaches and other PE specialists.
7. Parent involvement to be increased through specific workshops and sporting enrichment family activities.
8. Work with Friends of St Paul's Way to build parental engagement.

Estimated Costs

£2,000

3. Key objective: Increased confidence, knowledge and skills of all staff in teaching PE and sport.

Aim:

To continue to strengthen the confidence, knowledge and skills of class teachers who do not specialise in Sport or PE.

Rationale:

This will improve the quality of PE lessons and sports opportunities which are available to our pupils; enhancing the quality of teaching and learning in the subject area.

Actions:

1. Continued implementation of Getset4PE scheme to support teachers through clear lesson plans and videos of skills for indoor PE and fundamental skills. Access to online lesson plans and schemes of work for teacher development
2. Audit of confidence, knowledge and skills in teaching PE to be completed yearly. Training to be provided based on audit (including remote training) and cost dependent on training needs
3. Cover provided for teachers to participate in paired observations to observe good practice, including observing subject lead and specialist teachers, and observing specialist Sports Coach who teaches much of the KS2 PE in the school.

Estimated Costs

£2,000



4. Key Objective: Broader experience of a range of sports and activities offered to all pupils.

Aim:

To continue to deliver a broad range of physical activity opportunities and sports enrichment throughout the year to enhance PE and sport experiences.

Rationale:

By offering a broad range of physical activities, engagement and participation will increase and children will develop new skills and insight into a wider range of sports and games.

Description of intervention:

1. Sustain the number of before-school, lunchtime and after-school sporting clubs/activities such as football, archery, tennis and multi-skills.
2. Continue to fund sport trips and specialist teaching days where, across the course of a day, children are able to try out a non-traditional sport.

Estimated Costs

£5,000

5. Key Objective: Increased participation in competitive sport.

Aim:

To continue to deliver a range of opportunities for pupils to engage in competitive sporting activities throughout.

Rationale:

By offering a range of opportunities for pupils to engage in competitive sporting activities children will develop teamwork skills and their enthusiasm for sports.

Description of intervention:

1. Increase of before-school, lunchtime and after-school sporting clubs/activities such as football, archery, tennis and multi-skills.
2. Sport trips and specialist teaching days where, across the course of a day, children are able to try out a non-traditional sport.
3. Create intraschool competitions within and between year groups and keystages.
4. Build links with other MAT schools to create interschool competitions.

Estimated Costs

£500

6 Key Objective: Provide additional opportunities for sporting activities for identified pupils.

Aim:

To deliver a range of additional sporting opportunities for identified pupils to encourage more movement throughout the week.



Rationale:

By offering a range of opportunities for pupils to engage in additional sporting activities children's physical fitness will improve.

Description of intervention:

1. Increase of before-school, lunchtime and after-school sporting clubs/activities such as football, archery, tennis and multi-skills and provide spaces for identified pupils.
2. Increase sporting opportunities within the school day for identified pupils.

Estimated Costs

£1000